

ABOUT PATSY

I have devoted 23 years to the therapy industry and my life's passion and purpose is to inspire and empower my fellow human beings, enabling them to be all they dream to be: full of infinite possibilities. My treatments are all channelled from a place of unconditional love, compassion and understanding, no need to stress or limit our lives, just some time to heal and repair.



Treatments are designed around you and what you need at that time; they may include a guided relaxing meditation to soothe and calm the mind, an intuitive massage on the parts of your body that need it the most, or a detox salt treatment finishing with some reiki stillness allowing you time to reconnect with your inner self.

The unconditional love and lights in my life are my two beautiful daughters, my soulmate, my grandson, son-in-law, my dogs and all animals, massage, friends, flowers, the beach, reading, learning and life.

At the Ocean View Treatment Room I create a space within my treatments where you can release and let go of anything you no longer need, allowing you to feel lighter, calmer and relaxed. We all have it within us to feel what we really need and what is good for us but it can be lost in all the business in life.

Insured by **theguild**
of Beauty Therapists

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GET IN TOUCH

Treatments are available at the Ocean View Treatment Room within The Atlantic Hotel Spa, Dane Road Newquay.

Ocean View Treatment Room
The Atlantic Hotel
Dane Road
Newquay, Cornwall
TR7 1EN



Please contact Patsy directly to book an appointment, or book online from our website:

www.patsybevan.co.uk

info@patsybevan.co.uk | 07938 061 123



We use products by **organic TREVARNO**

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Massage, Facials, Hand
& Foot Rituals, Beauty
Treatments

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TREATMENTS

"Soothe your Mind, Body and Soul"
treatments at The Ocean View Treatment
Room, Atlantic Spa:

MASSAGE

| | | |
|-------------------|---------|-----|
| Back Massage | 30 mins | £35 |
| Full Body Massage | 60 mins | £55 |

ORGANIC ROSE FACIALS

| | | |
|--|---------|-----|
| Short <i>Cleanse, tone, massage or a mask</i> | 30 mins | £35 |
| Long <i>Cleanse, tone, massage, mask & hand or foot massage</i> | 50 mins | £45 |

HAND & FOOT RITUALS

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|--|---------|-----|
| Hand & Foot Ritual <i>A luxury hand or foot scrub followed by a hot oil hand or foot massage ritual to deeply relax tired aching hands and Feet</i> | 30 mins | £35 |
|--|---------|-----|

The Ocean View Treatment Room also
provides a range of beauty treatments:

WAXING

| | | |
|-------------------------------|---------|-----|
| Full Leg Wax | 45 mins | £25 |
| Full Leg Wax inc. Bikini Line | 60 mins | £30 |
| Half Leg Wax | 30 mins | £20 |
| Bikini Line | 15 mins | £8 |
| Underarm | 15 mins | £8 |
| Facial Waxing | 15 mins | £5 |

LASH & BROW TREATMENTS

| | | |
|---|---------|-----|
| Eyebrow Shape | 15 mins | £8 |
| Eyebrow Tint | 15 mins | £6 |
| Eyelash Tint | 15 mins | £8 |
| Eyebrow Shape & Tint | 30 mins | £12 |
| <i>24 hr Patch test required prior to any tinting treatment</i> | | |

MANICURE

| | | |
|---|---------|-----|
| Manicure <i>Includes a hand soak and scrub, cuticle work, nails filed and shaped, massage. Inc. application of nail colour</i> | 60 mins | £25 |
| File & Polish | | £12 |

PEDICURE

| | | |
|---|---------|-----|
| Pedicure <i>Includes a foot soak and scrub, cuticle work, nails files and shaped, lower leg massage. Inc. application of nail colour</i> | 60 mins | £30 |
| File & Polish | 30 mins | £12 |

INFORMATION



Our Atlantic Spa "Soothe your Mind, Body
and Soul" treatments are created and
performed by Patsy Bevan allowing you time
to be nurtured, calmed and restored.

Using the luxurious and irresistible scent
combinations of Cornwall's Trevarno Organic
& Vegan skin care range, each treatment
combines intuitive massage therapy and
Reiki energy healing.

Start your treatment with a "Soothe your
Mind, Body & Soul" meditation and hot foot
compress to a your treatment and
completed with a synchronised breathing &
scalp massage.

SOOTHE YOUR MIND, BODY & SOUL TREATMENTS AT THE ATLANTIC SPA

Our signature Soothe your Mind, Body &
Soul massage treatments combine essential
oils of lavender, geranium and palmarosa or
lavender and Chamomile all blended into
olive and almond oils full of natural
goodness for the skin & wellbeing.

MASSAGE

Massage gives our body the time and space
to heal; it is also known to:

- Reduce stress hormones and lower the heart rate.
- Increase the production of the feel good chemicals endorphins, serotonin and dopamine.
- Soothe the para-sympathetic nervous system vital for the maintenance of a balanced life.

ATLANTIC SPA



The Ocean View Treatment Room at the
Atlantic Hotel Spa is a beautiful place to
relax and indulge with a view across
Newquay Bay.

The Treatment Room is situated in the
Atlantic Hotel, a 4 Star Award Winning Sea
View Hotel situated in the heart of Newquay.

Let the The Ocean View Treatment Room at
the Atlantic Hotel Spa replenish your energy
and touch your soul.

TREVARNO

Specialists in natural beauty, they create
skin enriching products for everyday use.
Simple skincare which works, Organic
Trevarno is made using only the finest and
most sustainable of ingredients.

Established in 1998, Organic Trevarno's
range of natural and certified organic
products are all created and carefully made
by hand at Trevarno Farm in Cornwall.

organic
TREVARNNO

